



## Slow Living

*Wendy Parkins, Geoffrey Craig*

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## **Slow Living** Wendy Parkins, Geoffrey Craig

Originating in Italy, "slow food" is not only committed to the preservation of traditional cuisines and sustainable agriculture but also the pleasures of the table and a slower approach to life in general. Craig and Parkins argue that slow living is a complex response to processes of globalization. It connects ethics and pleasure, the global and the local, as part of a new emphasis on everyday life in contemporary culture and politics.

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