



# **To the Heart of the Nile: Lady Florence Baker and the Exploration of Central Africa**

*Pat Shipman*

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In 1859, at age fourteen, Florence Szász stood before a room full of men and waited to be auctioned to the highest bidder. But slavery and submission were not to be her destiny: Sam Baker, a wealthy English gentleman and eminent adventurer, was moved by compassion and an immediate, overpowering empathy for the young woman, and braved extraordinary perils to help her escape. Together, Florence and Sam -- whose love would remain passionate and constant throughout their lives -- forged into literally uncharted territory in a glorious attempt to unravel a mysterious and magnificent enigma called Africa.

A stunning achievement, *To the Heart of the Nile* is an unforgettable portrait of an unforgettable woman: a story of discovery, bravery, determination, and love, meticulously reconstructed through journals, documents, and private papers, and told in the inimitable narrative style that has already won Pat Shipman resounding international acclaim.

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