



# **Your Child with Inflammatory Bowel Disease: A Family Guide for Caregiving (A Johns Hopkins Press Health Book)**

*Hepatology and Nutrition North American Society for Pediatric Gastroenterology*

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When a child has inflammatory bowel disease, the family has many concerns: Why is my child sick? What can we do to help him get better? What does the future hold for her? In this book, an expert team of pediatric gastroenterologists explains the symptoms, diagnoses, and treatments associated with Crohn disease, ulcerative colitis, and indeterminate colitis to help parents and children cope with the challenges of IBD.

The authors' empathy and experience are evident throughout as they answer such questions as:

- What are inflammatory bowel disease, Crohn disease, and ulcerative colitis?
- Is there a cure for IBD?
- How is IBD going to affect my child's daily life?
- Will my child's diet change?
- Can my child still play sports?
- Will my child need surgery?
- What are the side effects of commonly prescribed medications?

The book also provides parents with practical advice on how to tell their children about their IBD and discusses the challenges children may face at school and in their social lives, especially as they grow older. Additional information on IBD medications, complementary treatments, and further reading round out this comprehensive and reliable resource.

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