



The Richest of Fare: Seeking Spiritual Security in the Sonoran Desert

Phyllis Strupp

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To find a renewed sense of purpose in today's world, "The Richest of Fare" weaves together photos, scientific information, and spiritual insights to explore human relationships with Nature, our own selves, other people, and God.

"The Richest of Fare" is appropriate for anyone regardless of religious beliefs, as the focus of the book is on the universal spiritual wisdom of the ages.



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