



# Communication in Palliative Nursing

*Elaine Wittenberg-Lyles, Joy Goldsmith, Betty Ferrell, Sandra L. Ragan*

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Communication in Palliative Nursing unites complementary work in communication studies and nursing research to present a theoretically grounded curriculum for teaching palliative care communication to nurses. The chapters outline the COMFORT curriculum, comprised of these elements: Communication, Orientation and opportunity, Mindful presence, Family, Openings, Relating, and Team communication. Central to this curriculum is the need for nurses to practice self-care.

Based on a narrative approach to communication, which addresses communication skills development holistically, this volume teaches nurses to consider a holistic model of communication that aligns with the holistic nature of palliative care. This work moves beyond the traditional and singular view of the nurse as patient and family teacher, to embrace more complex communication challenges present in palliative care -- namely, providing care and comfort through communication at a time when patients, families, and nurses themselves are suffering. In addition to collaborating with physicians, the nurse's role involves speaking with patients and families after they have received bad news and often extends to discussions of spiritual and religious concerns. This book covers communication theory, clinical tools, and teaching resources to help nurses enhance their own communication and create comfort for themselves, as well as for patients and their families.

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