



Return to Oneness with Shiva: Why I meditate on Hanuman ji with You Hold the Healing Codes

Ricardo Serrano

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The goal of the fifth book Return to Oneness with Shiva is to offer a solution to most people whose life challenge is battling their monkey-mind (ego) which I believe is the cause of suffering and can be conquered by becoming like Hanuman whose love and devotion to his Sadguru is shown by the application of Hanuman Qigong and Hunaman ji's mantras and self-realization teachings of Kashmir Shaivism. Healing with the hologram of love merkaba energy ball of light encoded with the healing conscious mind encodements is also included.

Most people are not aware that their healing and spiritual ascension are essentially associated with the functioning of their thyroid gland or throat chakra.

Who and what you meditate on, you become.

The unified chakra and aligned energy fields are very important, not just for survival, but - more importantly - as vital tools for ascension, healing and channeling.

"Ascension is basically a change in frequency and a change in focus of consciousness. Because the energy you have has frequency, you can change it. The low-frequency stuff of fear and limitation will fall away and you will live in a state of what you would today call ecstasy, at one with your spirit and with the spirit of everyone else. That's ascension." - Master Enoch

"Spiritual oneness means the incarnated soul is achieving a higher degree of oneness with the higher soul, and a certain degree of oneness with God and oneness with all." - Master Choa Kok Sui

"Use the Triangles Work with the Great Invocation by Holy Master Djwhal Khul and encourage others to use it." - Mang Mike Nator

"This universe, which is created in His Consciousness, is dependent on that Consciousness. It is always dependent on that Consciousness. It cannot move outside of that Consciousness. It exists only when it is residing in His Consciousness. This is the way the creation of His universe takes place.

You must understand that this universe, which is created by the Lord of Consciousness, is one with that Creator Who is wholly self-luminous light with Consciousness." - Swami Lakshmanjoo

"When one finds true Oneness, there will be no words. Nothing can explain what Oneness truly is. One will only have the experience of Love and a smiling heart. No words can express that happiness and peace. It is beyond words. Oneness is everything. Oneness is the only truth worth seeking. Oneness is a gift from Heaven." - Hanuman Qigong, origin of the heart, a form of Sheng Zhen Gong

The Shamballa Temple of Love with its Ascended Masters can be experienced through the Merkaba meditation facilitated by Ricardo B Serrano of the Melchizedek Order of Mastery (Shamballa Temple of

Love).

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People live in this new day time of lifestyle always attempt to and must have the free time or they will get wide range of stress from both daily life and work. So , if we ask do people have time, we will say absolutely without a doubt. People is human not a robot. Then we consult again, what kind of activity are there when the spare time coming to an individual of course your answer will certainly unlimited right. Then ever try this one, reading books. It can be your alternative inside spending your spare time, the actual book you have read is definitely Return to Oneness with Shiva: Why I meditate on Hanuman ji with You Hold the Healing Codes.

Charles Moreno:

In this era globalization it is important to someone to get information. The information will make someone to understand the condition of the world. The health of the world makes the information simpler to share. You can find a lot of references to get information example: internet, classifieds, book, and soon. You can view that now, a lot of publisher in which print many kinds of book. The book that recommended to you is Return to Oneness with Shiva: Why I meditate on Hanuman ji with You Hold the Healing Codes this publication consist a lot of the information of the condition of this world now. That book was represented how does the world has grown up. The words styles that writer make usage of to explain it is easy to understand. Typically the writer made some study when he makes this book. That is why this book ideal all of you.

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