



Adult Development and Aging

John C. Cavanaugh, Fredda Blanchard-Fields

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Written within a biopsychosocial framework, Cavanaugh and Blanchard-Fields' best-selling text covers the specific ages-stages of adult development and aging. In its unparalleled coverage of current research and theory, the authors draw clear connections between research and application. The book's focus on "positive aging" and the gains and losses people experience across adulthood distinguish it from its competitors. This edition features more real-world examples and new research trends.

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