



# Military and Democracy in Nepal

*Indra Adhikari*

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## **Military and Democracy in Nepal** Indra Adhikari

This book explores the development of the military as an organization and looks at the patterns of civil–military relations that have emerged in modern Nepal, especially after the rise of King Prithvi Narayan Shah, who founded the unified state of Nepal. It combines astute analyses with up-to-date data to present a comprehensive account of the relations between monarchy, military and civil government and their impact on the democratization process in the country.

The author underlines the pressing need for establishing civilian supremacy over the military, through developing and strengthening civilian supervisory mechanisms. The book will be an important resource to researchers, scholars, students of politics, military studies, peace and conflict studies, and history, particularly those concerned with Nepal. It will also interest policy-makers, security experts and military personnel.

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