



Cardiac Rehabilitation (Contemporary Cardiology)

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This volume serves as a manual to providers about the multidisciplinary nature of cardiac rehabilitation in the current era, the current state of cardiac rehabilitation, and the issues presenting to current CR programs. It contains theoretical, practical, and up-to-date cardiac rehabilitation information, including the new Center for Medicare and Medicaid Services (CMS) guidelines for reimbursement. The book offers diverse, comprehensive chapters, from nutrition to programmatic issues. It serves as a perfect resource for staff and directors that are new to cardiac rehabilitation or wish to begin a program.

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