



# Tools of Critical Thinking: Metathoughts for Psychology (Second edition)

*David A. Levy*

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## **Tools of Critical Thinking: Metathoughts for Psychology (Second edition)** David A. Levy

This innovative text is designed to improve thinking skills through the application of 30 critical thinking principles—Metathoughts. These specialized tools and techniques are useful for approaching all forms of study, inquiry, and problem solving. Levy applies Metathoughts to a diverse array of issues in contemporary clinical, social, and cross-cultural psychology: identifying strengths and weaknesses in various schools of thought, defining and explaining psychological phenomena, evaluating the accuracy and usefulness of research studies, reducing logical flaws and personal biases, and improving the search for creative solutions. The Metathoughts are brought to life with practical examples, clinical vignettes, illustrations, anecdotes, thought-provoking exercises, useful antidotes, and contemporary social problems and issues.

Tools of Critical Thinking, 2/E is primarily suited as a core textbook for courses in critical thinking/problem solving, or makes an ideal supplement in a wide variety of undergraduate and graduate psychology courses, including introductory psychology, abnormal psychology (psychopathology), cross-cultural psychology, theories and methods of psychotherapy, research methods and design, theories of personality, clinical practicum, and contemporary problems and issues in psychology.

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