



Frozen Food Technology

C.P. Mallett

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This book on frozen food, as its title suggests, is written for the food technologist and food scientist in the frozen food industry, which includes both food and equipment manufacturers. The information will also be useful for other disciplines within the food industry as a whole, and for students of food technology. The book, the aim of which is to provide an up-to-date review of the technology of the frozen food industry, has been divided into two parts, dealing with generic industry issues and specific product areas, respectively. The first section opens with a chapter on the physics and chemistry of freezing, including a review of glassy states. The practical realisation of freezing is covered in the next chapter, which also covers frozen distribution and storage. Chapter 3 deals with packaging and packaging machinery, a sector where there has recently been considerable technological progress. The key area discussed in detail in chapter 4, and includes microbiology and hygienic factory design, as well as consumer reheating, particularly microwave reheating. Health and dietary considerations have become much more important to consumers, and chapter 5 reviews the current nutritional status of frozen foods and their role in a modern diet. The driving force for scientific and technological change in frozen foods is the massive market for its products and the consequent competitive pressures, and the first part of the book concludes with a chapter on development of new frozen products, and how to apply the technical knowledge, both generic and product specific, to innovate in a consumer-driven market.

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