



Mind, Body, Home: Transform Your Life One Room at a Time

Tisha Morris

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Your Home is the Key to a Successful, Holistic Life

Awaken to the energetic connections between you and your home. When you make conscious changes to your living space, you can transform your life and uplift your soul.

Mind, Body, Home presents your home as an integral component for holistic living, correlating every room with its physical, mental, or emotional counterpart in you. Your home is a reflection of you, and being in tune with its energy allows you to create positive changes in your life. From foundation to roof, it holds the power to enhance your health, improve your relationships, and attract more prosperity. Open the door to the heart of your home and discover a whole new way of seeing and living within it.



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