



## This is How

*M. J. Hyland*

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## **This is How** M. J. Hyland

M. J. Hyland is the award winning and Man Booker shortlisted author of *Carry Me Down*. Her third novel, *This Is How*, is a psychologically probing and deeply moving account of a man at odds with the world.

Patrick Oxtoby is a perpetual outsider longing to find his niche. When his fiancé breaks off their engagement, Patrick leaves home and moves to a remote seaside village. In spite of his hopes for a new and better life, Patrick struggles to fit in or make the right impression. He can't shake the feeling that his new friends are conspiring against him, further fracturing his already fragile personality and prompting him to take a course of action that permanently alters the course of his life.

*This Is How* is a mesmerizing and meticulously drawn portrait of a man whose unease in the world as it is leads to his tragic undoing. With breathtaking wisdom and astute insight into the human mind, Hyland's latest is a masterpiece that arouses horror and sympathy in equal measure.

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